

## Verification of Disability Form for Mental Health Treatment Providers

**Purpose:** The student named below has indicated that s/he has a disability and will require reasonable accommodations to participate in a program or activity at Columbia University. The information you provide will be one of the criteria used to evaluate the student's eligibility for the requested accommodations or services. **Please take the time to complete this form in its entirety.** All information provided will be kept confidential in accordance with the Family Educational Rights and Privacy Act (FERPA).

**Student Name:** \_\_\_\_\_ **UNI:** \_\_\_\_\_

**Date student was last seen:** \_\_\_\_\_

**Dates of treatment with current provider/facility:** \_\_\_\_\_

**Current Principal DSM-V Diagnosis with numerical code including specifier and subtype, if applicable:**

\_\_\_\_\_ Date of Diagnosis: \_\_\_\_\_

**Additional Diagnosis(es) in the order of focus of attention and treatment :**

\_\_\_\_\_ Date of Diagnosis: \_\_\_\_\_

\_\_\_\_\_ Date of Diagnosis: \_\_\_\_\_

**Associated Medical Condition(s), if applicable:**

\_\_\_\_\_ Date of Diagnosis: \_\_\_\_\_

\_\_\_\_\_ Date of Diagnosis: \_\_\_\_\_

**Current Status of each of the above condition(s) (e.g. Active, Progressing, Controlled, In Remission):**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**In addition to DSM-V criteria, how did you arrive at your diagnosis? Please check all that apply.**

- |   |  |
|---|--|
| <input type="checkbox"/> Clinical interviews with student                             | <input type="checkbox"/> Review of medical records                         |
| <input type="checkbox"/> Interviews with other persons                                | <input type="checkbox"/> Review of educational records                     |
| <input type="checkbox"/> Behavioral observations                                      | <input type="checkbox"/> Neuropsychological testing (include dates): _____ |
| <input type="checkbox"/> Standardized rating scale/assessment (please specify): _____ |  |
| <input type="checkbox"/> Other (please specify): _____                                |  |

In your current clinical assessment, please indicate the degree of the student's functional limitations on most days, keeping in mind the positive and negative effects of any treatment modalities and/or their personal circumstances:

- Mild                       Moderate                       Substantial                       Severe

Be as specific and detailed as possible to what exacerbates the student's condition(s) and any relevant psychosocial and contextual factors:

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Please provide details regarding the following:

1. Student's treatment history: \_\_\_\_\_

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2. Current treatment plan and expected duration of treatment (psychotherapy, medication, etc.):

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Please provide the following information regarding any medications related to the condition(s) that the student is currently prescribed:

Medication	Dosage	Frequency	Positive Effects	Adverse effects

Please describe the way(s) that the student's condition presents for the student and/or how the student is individually impacted:

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**What are the student's current functional limitations with respect to the following areas? Please list below:**

**1) Time management and organization:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**2) Executive Functioning/ planning:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**3) Self-care or social interactions:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**4) Sleeping:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**5) Cognitive processes such as concentration, memory, rapidity of information processing, fatigability:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**6) Ability to attend or participate in class:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**7) Learning:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

8) Other: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please provide specific recommendations regarding academic accommodations for this student, and a rationale as to why these accommodations/services are warranted, based upon the student's functional limitations (e.g. if a note taker is suggested, state the reasons for this request related to the student's symptoms).

Recommended accommodation: \_\_\_\_\_

Rationale: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Recommended accommodation: \_\_\_\_\_

Rationale: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Recommended accommodation: \_\_\_\_\_

Rationale: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Anticipated duration of need for accommodation: \_\_\_\_\_

Other pertinent information that would be helpful when determining accommodations for student:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please check the following that apply:

- I am the primary person involved in the student's treatment
- I am a part of the student's treatment team
- The student is my former patient, who is currently under the care of another provider
- I was the original person who diagnosed this student as having a disability

Name & Credentials of Treatment Provider: \_\_\_\_\_

License #: \_\_\_\_\_ State: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

I hereby certify that the above information is true and correct and that the information provided is objective medical/ psychological information relative to this student's application for disability accommodations.

I am not related to the student by blood or marriage