

# Columbia University Consent Form

## Protocol Information

**Attached to Protocol:** IRB-AAAU8610

**Principal Investigator:** Claude Mellins (cam14)

**IRB Protocol Title:** 2024 Columbia LENS (Lived Experiences & Needs of Students) Survey

## General Information

**Consent Number:** CF-AACU8064

**Participation Duration:** 25 minutes

**Anticipated Number of Subjects:** 15200

**Research Purpose:** The goal of this survey is to understand student health, mental health, well-being, challenges students face, and contributors to students thriving at Columbia. In addition to fulfilling NY-state mandated Enough is Enough and other compliance needs, this integrated university-wide survey will collect vital data on student experiences, mental health, health, sexual assault and other behaviors, as well as pathways to risk and resilience at Columbia. These data will support evidence-informed programs, services, policies, and resource to promote student well-being.

## Contacts

Contact	Title	Contact Information
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## Information on Research

### Why is this survey being done?

We are doing this research study to learn more about the needs of Columbia students. You are being asked to take part in this study because you are currently enrolled as a student at Columbia University. The survey is being offered to all Columbia students 18 years and older and will ask questions about social interactions and involvement in activities; stressful experiences; coping strategies, gender-based misconduct knowledge and experiences; health and mental health; sleep; use of alcohol and other drugs; help-seeking skills; and use of campus resources in all of these areas. The survey will be administered by an outside professional survey company, Qualtrics/Isobar.

### What topics will this survey cover?

The survey includes four major domains: (1) demographics; (2) campus climate related to inclusion, belonging, and use of services; (3) sexual respect and gender-based misconduct; and (4) mental & physical health and well-being.

### What will be asked to do if I choose to take the survey?

The survey will take approximately 25 minutes to complete. Your thoughtful and honest responses to the survey are important to us, so please take your time and answer the questions carefully and completely. However, if you are not comfortable answering a certain question, feel free to skip that question. Also, you may stop the survey at any time, or stop and restart the survey as well.

### How will my information be used?

All information will be de-identified for research by Qualtrics/Isobar, which means that no one will be able to identify you or connect you to these responses. Aggregate data from this survey will be used to support programs, services, policies, and resource allocation focused on student well-being at Columbia.

## Risks

The main risk of participation is that some of the questions in the survey ask about past experiences that might have been upsetting or distressing. If you become upset or feel any distress when you are responding to these questions you can call the below numbers 24/7 for Columbia's mental health services:

\* Morningside/Manhattanville/Teachers College/Jewish Theological/Union Theological: 212-854-2284

\* CUIMC: 212- 305-3400

A risk of having your information used and stored for research is a potential loss of privacy. However, the outside

company administering the survey, Qualtrics/Isobar, will protect your privacy by automatically deleting your email address from your survey response as soon as you submit. Qualtrics/Isobar provides an extra layer of confidentiality by ensuring that no one at Columbia has access to your identity or can connect you with these responses.

## Benefits

There are no direct individual benefits to you from taking part in this research study. However, this is an important opportunity for the University to hear what services are, or would be, useful and meaningful to students. Information from this study will be used by Columbia to support programs, services, policies, and resource allocation focused on student well-being at Columbia.

## Confidentiality

All information will be de-identified, which means that no one will be able to identify you or connect you to these responses. No one from Columbia will ever have access to data that is connected to your name or email address. Qualtrics/Isobar, as an external company, is not a mandated reporter. Any data published will be in summary (aggregate) form. Some questions will ask about sensitive behaviors (e.g., substance use, sexual behavior). All of your responses will be kept confidential and secure.

The following people and/or agencies will be able to look at and copy your de-identified research records:

- The investigator, study staff, and other professionals who may be evaluating the study;
- Authorities from Columbia University, including the Institutional Review Board ('IRB'). An IRB is a committee organized to protect the rights and welfare of people involved in research.
- The Office of Human Research Protections ('OHRP')
- Qualtrics and its subcontractor, Isobar Public Sector

This consent form does not ask for your name or signature, to provide further confidentiality.

## Compensation

Participants who complete the survey will be eligible to redeem a \$10 gift card as a small compensation for their time completing the survey. Upon submission of the survey, participants will be redirected to Qualtrics/Isobar's payment portal, BHN Rewards (formerly Rybbon), to claim their electronic gift card. Furthermore, students can be entered into weekly drawings for a chance to win one of a number of prizes with a value of \$200 or less in the form of gift cards to

Apple, Delta, Amazon, and other vendors.

### **Voluntary Participation**

Taking part in this study is your choice. You may choose not to be in the study or to stop being in the study at any time for any reason. This will not affect your academic class standing or any other status at Columbia University. You will not be offered or receive any special consideration if you take part in this research study.

### **Additional Information**

For more information about the survey, feel free to email us at [lenssurvey@columbia.edu](mailto:lenssurvey@columbia.edu). If you have any questions about your rights as a research subject, you may contact the Columbia University Medical Center Institutional Review Board at (212) 305-5883.

To print a copy of this consent form, visit <https://www.lenssurvey.columbia.edu>

### **Statement of Consent**

I have read this information sheet. I agree to be in the research study described above. I understand that I can print a copy of this information sheet for my records. By agreeing to participate, I have not given up any of the legal rights that I would have if I were not a participant in the study.

By clicking on "next" below, you are confirming that you are at least 18 years old and are consenting to participate in this study.