

SO YOU HAVE THE **COLUMBIA PLAN...**

The Columbia University Student Health Insurance Plan (the Columbia Plan) covers a broad range of healthcare needs and complements services available on campus through Columbia Health.

The Columbia Plan (Aetna Open Choice PPO Plan) helps to manage the cost of medical and mental health services that are not provided on campus, such as hospitalization, x-rays, prescriptions, specialist visits, etc.

... WHAT'S NEXT?

1. Print your Insurance ID from aetnastudenthealth.com/columbia using your UNI and date of birth.
2. Make a primary care appointment with Medical Services or treatment planning session with Counseling and Psychological Services before seeking off-campus care.
3. Have a referral from Columbia Health? Find an off-campus provider with Aetna DocFind at aetnastudenthealth.com/columbia.



Download the Aetna Student Health App to access your insurance card, find an off-campus provider with a referral, and learn about all your benefits.



PLAN HIGHLIGHTS

1. \$0 deductible. You don't have to spend a dollar on healthcare expenses before coverage kicks in.
2. \$15 generic, \$50 preferred brand, \$75 non-preferred brand prescription co-pays. There is no co-pay for generic contraception.
3. Co-pay for in-network, off-campus visits with a referral from your Columbia Health provider: \$30 for medical visits; \$0 for the first 10 mental health visits, \$20 for subsequent visits. There is no co-pay for on-campus medical and mental health visits.
4. \$30 co-pay for in-network services such as lab tests, x-rays, etc.
5. \$60 Urgent Care visits, \$150 ER visits.
6. No referral required if the provider is more than 50 miles from campus.
7. International coverage while traveling... and much more! For a full list of benefits, visit aetnastudenthealth.com/columbia.

STILL HAVE QUESTIONS?

Morningside/Manhattanville campus and Teachers College:
please email studentinsurance@columbia.edu or visit John Jay Hall 3rd Floor.

Jewish Theological Seminary:
please email hrdept@jtsa.edu or call 212-678-8014.

Union Theological Seminary:
please email studentaffairs@uts.columbia.edu.

HOW TO USE THE COLUMBIA PLAN

Primary medical and mental health care:

Make an appointment with Medical Services via secure.health.columbia.edu or by calling 212-854-7426.

Schedule an initial treatment planning session with Counseling and Psychological Services (CPS) via secure.health.columbia.edu or by calling 212-854-2878.

Referrals are mandatory for most off-campus services within 50 miles of campus. If you need to see a specialist or access long-term mental health care, your provider at Columbia Health will provide you with a referral. If you receive healthcare services without a referral, you will be subject to higher fees. Columbia Health cannot issue referrals after you have received off-campus care.

Note: Referrals are not required for urgent care or the ER, however please contact Medical Services for all follow-up care from an urgent care or ER visit to receive a valid referral.

To locate in-network Aetna providers (after you receive a referral), visit Aetna DocFind at aetnastudenthealth.com/columbia.

For off-campus care, make sure you have your insurance card with you and expect to pay your off-campus specialist co-pay.

In an emergency:

On campus, call 212-854-5555. For medical emergencies on or near campus, request CUEMS for free, confidential, 24/7 ambulance service.

Off campus, call 911.

For urgent medical concerns, call 212-854-7426.

For urgent mental health concerns, call 212-854-2878.

For sexual assault, call a survivor advocate at 212-854-4357.

All emergency numbers can be reached 24/7.

For the emergency room, Mount Sinai St. Luke's Hospital on 1111 Amsterdam Ave at 113th St. is the closest medical and mental health ER to the Morningside campus.

WANT TO KNOW MORE?

To fill a prescription:

Your Columbia Health provider will electronically send your prescription to the pharmacy of your choice. Make sure you have your insurance card or the Aetna Student Health app with you when you pick up your medication and expect to pay your pharmacy co-pay.

While traveling outside the U.S.:

In an emergency, please contact On-Call International at 1-603-328-1951 (collect calls accepted from anywhere in the world). Learn more about other travel coverage at health.columbia.edu

The Columbia Plan and Your Dependents

If you have a spouse or domestic partner as an enrolled dependent, they must receive their primary care on campus at Medical Services. They do not require a referral for mental health services. Dependent children cannot be seen at Columbia Health regardless of age; they can access off-campus care without a referral at any time.

Making the most of your Columbia Health resources:

You have access to all the services offered by Columbia Health, not just Medical Services and CPS. Visit Alice! Health Promotion for custom programs to help you care for your overall health and well-being; Disability Services for accommodations and support services to facilitate equal access to academic programs; and Sexual Violence Response for outreach, advocacy, and resources for survivors and co-survivors of sexual violence.