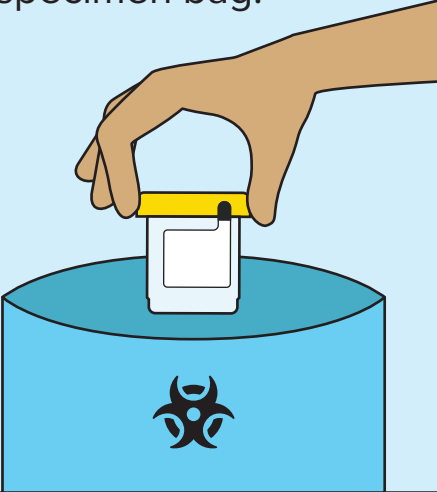


URINE SELF-SAMPLE

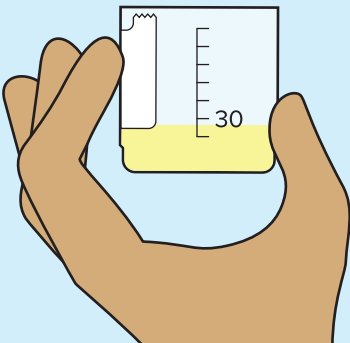
1. Remove urine container from the specimen bag.



2. Unscrew the lid from the urine container.



3. Stand or sit over the toilet and pee the first part of the urine stream into the container up to the 20-30 ml mark.



4. Screw the lid **securely** back on the jar to prevent leaks or spills.

