

VAGINAL SELF-SAMPLE

You should not complete this test if you douched or had sexual intercourse in the last 24 hours. If so, please consult with your provider before beginning the swab.

Please read the instructions carefully before beginning the collection process.

- 1.** Wash hands before starting. Open the Aptima collection package. There are two swabs. Look for the swab labeled **“Aptima Cleaning Swab”**. Discard only the cleaning swab in the trash.

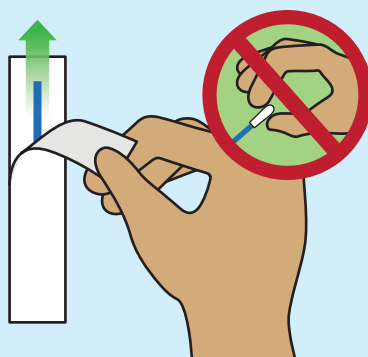
USE

Aptima® Unisex Specimen Collection Swab

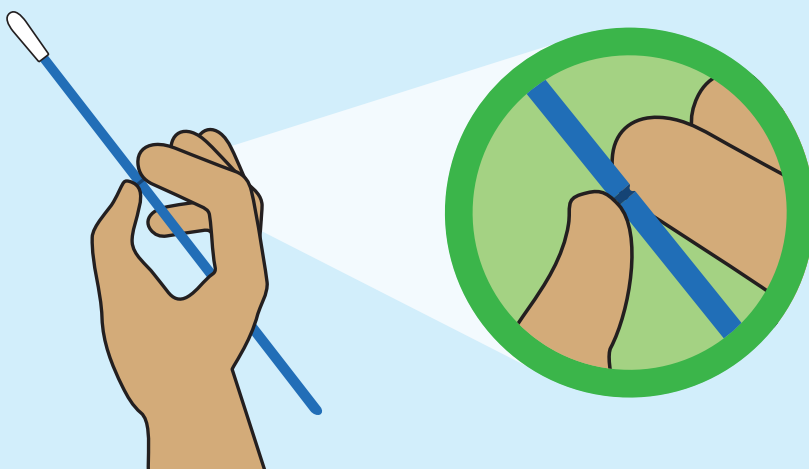
DO NOT USE

Aptima® Cleaning Swab

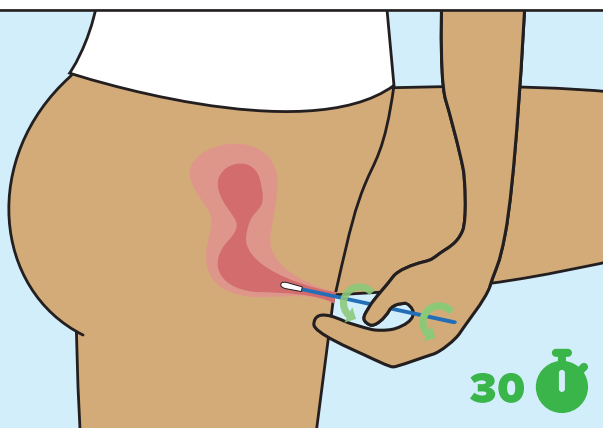
- 2.** Find the **“Aptima Unisex Specimen Collection Swab”**. Partially open package and remove blue swab from the package. Do not touch the soft tip or lay the swab down.



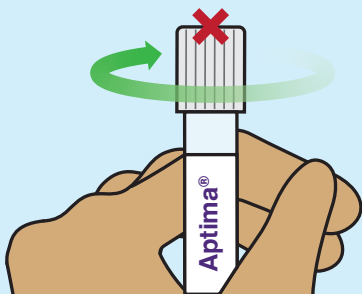
- 3.** Hold swab, placing thumb and forefinger in the middle of swab shaft over blue **indentation line**.



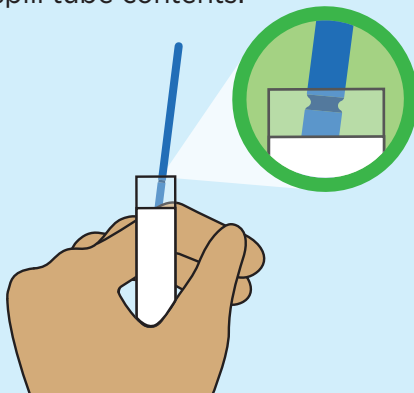
- 4.** Carefully insert swab into opening of vagina, about 2 inches (5 cm). Gently **rotate swab for 10 to 30 seconds**. Make sure swab touches the vagina walls so that moisture is absorbed by the swab. Withdraw swab without touching skin.



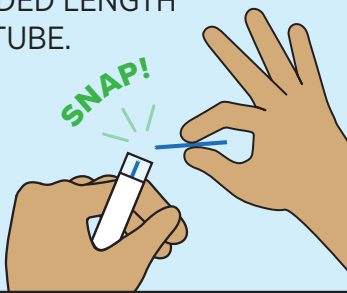
- 5.** While holding swab in your hand, **unscrew** tube cap. **DO NOT PUNCTURE THE TOP OF THE TUBE CAP.**



- 6.** Place the swab inside the tube so the indentation line is at the top of the **tube**. Do not spill tube contents.



- 7.** Align the **indentation line** with **top edge of the tube**. Snap off **the extra length of the swab**. Discard snapped off length of the swab in the trash. **DO NOT PLACE THE DISCARDED LENGTH IN THE TUBE.**



- 8.** Put the cap back on and screw it tight to prevent leaks. Return tube as instructed by your healthcare provider.

