

Tobacco Cessation Appointment

To know beforehand:

- Tobacco cessation is designed for students who are interested in quitting or cutting back on tobacco use
- Students have an initial evaluation appointment and at least one follow-up appointment. There is no limit to the number of follow-up sessions a student can schedule
- Currently, appointments are available at 20 minute intervals and are held only via Zoom

How to schedule a tobacco cessation appointment (from a student's perspective):

1. Visit the Patient Portal at secure.health.columbia.edu and log in. This link can also be accessed on the [Tobacco Cessation](#) page or the [Make an Appointment](#) page under Tobacco Cessation.
2. Hit "Schedule an Appointment" (x2). Answer pre-scheduling questions.
3. Click "Medical Services" on Appointment Scheduling Screen

Appointment Scheduling

Note: Medical Services appointments are available on a 24 hour rolling window.

Due to high demand same and next day appointments are booked very fast, check back frequently as new slots open up.

- Medical Services - In-Person and Telehealth appointments (for eligible Morningside students only)
- Counseling & Psychological Services (CPS) - Initial treatment planning sessions only
- COVID-19 Asymptomatic Testing (masking required at testing centers)
- COVID-19 Vaccine - Medical Services

If you need to change your COVID-19 testing appointment you must cancel the existing appointment before you can book a new one.

Continue

Cancel

4. Click "Tobacco Cessation"

Please select the visit you would like to schedule.

Please only schedule ONE appointment per day. Scheduling multiple appointments in one day blocks other students from being able to schedule, and will result in ALL but one of your appointments being canceled.

Same and next day appointments are available in a rolling 24-hour window.

- In Person - John Jay Hall appointment
- Telehealth/Zoom video appointment (If you are currently residing outside of New York State, please contact medical services at 212-854-7426 for assistance)
- Nutrition(Telehealth only - Zoom video appointment)
- Tobacco Cessation - (John Jay 3rd Floor or ZOOM visits available)
- HIV Testing, Sexual and Reproductive Health Peer Counseling (GHAP Telehealth)
- Acupuncture Telehealth and In-Person
- Travel

Continue

Cancel

5. Click "Initial Evaluation (Zoom)." NOTE: Only virtual options are currently available for tobacco cessation. If you select IN-PERSON, you will not find any appointments.

Medical Services provides assistance to patients that want to quit using tobacco.

The first appointment for all patients must be an initial evaluation.

Initial Evaluation (ZOOM)

Initial Evaluation (IN-PERSON)

Follow-up Visit (ZOOM) (After initial evaluation only)

Follow-up Visit (IN-PERSON) (After initial evaluation only)

6. Answer appointment questions (i.e. reason for appointment and callback number).
7. Search for a date and time that works, hit "Continue," and confirm the appointment.

Schedule Appointment

Appointments available to book via the web:

Set search start date:

System will search from the start date to the 30 days following

Visit Type: **TOBACCO INITIAL (ZOOM)**

Specified Reason:
- cessation

Your Primary Care Clinician is not available for this appointment type within the date ranges specified. No member of your Primary Care Clinician Team is available for this appointment type within the date ranges specified.

Appointments available with your Other Clinicians

<input type="radio"/>	Thursday, April 21, 2022 12:00 PM	CHIARILLI, DANIEL ,GHAP
<input type="radio"/>	Thursday, April 21, 2022 12:20 PM	CHIARILLI, DANIEL ,GHAP

8. If you need assistance with scheduling, rescheduling, or additional information about Tobacco Cessation, you can email Daniel Chiarilli at dbc15@cumc.columbia.edu.